## School Environment

**Aim:** To identify perceived enablers and barriers to physical activity and healthy food consumption in schools

**Who:** Secondary school executive, staff and students

**How:**
- Partner with the Department of Education and schools
- SPANS: High School Environment Questionnaire
- Follow-up session

**Outcome:** School Wellbeing Action Plan

## Reaching Homes and Families

**Aim:** To assess if a web-based intervention can encourage students to influence their family to make healthier food choices and increase physical activity.

**Who:** Year 10 SALSA Peer Leaders and families

**How:**
- SALSA Homes website activities
- Online pre- and post-behaviour questionnaire
- Focus group

**Outcome:** Improve health-related behaviours of the students and their families

## Youth Voices in the Community

**Aim:** To build capacity in students to advocate for change in their neighbourhoods

**Who:** Year 10 SALSA Peer Leaders

**How:**
- Leadership Day with GWS Giants
- Pitch Forum with community stakeholders
- Feedback from participants

**Outcome:** Neighbourhood improvements

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Adapted from Blum et al. (2012) "Adolescent Health in the 21st Century"