Each school is receiving $200 to be put toward creating a supportive and healthy school environment, or initiatives to assist in reaching parents to promote the SALSA message.

**SALSA Evaluation Update**

Post-SALSA program data has been collected from all schools participating in the evaluation in 2015. Student retention rates from baseline to follow up have been stellar, with 82% of students who completed baseline evaluations also completing a follow up evaluation. A big thank you to school staff and students who assisted in this process!

**SALSA School Reports**

This term, we are visiting all schools that were evaluated in 2014, to deliver them a personalised report of their results.

Analysis of 2015 evaluation data has commenced, and schools should expect reports to be delivered in Term 1, 2016.

**SALSA Reaching out to Families**

This year, we have sent out quarterly SALSA snippets to all schools this year to include in their parent newsletters. The theme for the Term 4 snippet was ‘How to host a healthy barbecue’.

We have also tested a physical activity tracking app called ‘Moves’ at some SALSA schools. The test was to gauge whether the app has the potential to be a motivating tool.
SALSA Trainer Guide

For dissemination and upscaling of the program, a SALSA Champions Guide, that can be used as a handbook by anyone planning to implement the program will be finalised and printed for use next year.

SALSA Working with GPs

A doctor and allied health practitioner SALSA training workshop was held in August at the WentWest Learning Centre. The workshop aimed to encourage participants to better communicate with young people about healthy lifestyle behaviours and the benefits of preventative health. The day was a success with 100% of attendees stating that they would recommend the workshop to a colleague.

Congratulations to Dr. Kean-Seng Lim for being selected as GP of the Year by the Royal Australasian College of General Practitioners.

SALSA Advisory Committee

The final SALSA Advisory Committee meeting, for this funding period, was held in November. A big thank you to our members for their time and invaluable counsel on our project.

SALSA Funding

We secured $50,000 funding from the Western Sydney Primary Health Network and $15,000 seed funding from University of Sydney School of Public Health. We will use this funding to continue implementing the program in 2016, and to work in partnership with the University of Sydney to reach families.

SALSA Presentations at Conferences


SALSA Social Media and Website

Our website is updated regularly. Please take a look, we welcome your feedback.

tinyurl.com/studentsaslifestyleactivists

We are active on Facebook and Instagram and now have over 330 likes on Facebook. Do not forget to like and follow us on social media.

www.facebook.com/StudentsAsLifestyleActivists

Instagram:@studentsaslifestyleactivists

SALSA Staff

Evaluation Officer Vanessa Shrewsbury began maternity leave in September and has welcomed a beautiful baby girl called Livinia. Congratulations Vanessa!